



Republic of the Philippines  
**Department of Education**  
 Cordillera Administrative Region  
**SCHOOLS DIVISION OF BENGUET**  
 Wangal, La Trinidad, Benguet



Document Code:  
 SDO-GQF-QF-CID-OSDS-SDS-003  
 Revision: 00  
 Effectivity date: 09-03-2018

**DIVISION MEMO NO. 236 S. 2019**

Name of Office: **SGOD**

To: All Division Personnel  
 Schools District Supervisors, Coordinating Principals  
 Heads, Public and Private Schools  
 School/District Nurses  
 All Others concerned

AUG 15 2019

From: **MARIE CAROLYN B. VERANO, CESO VI**  
 Schools Division Superintendent

Subject: **2019 Provincial Nutrition Month Culminating Activities**

Date: August 16, 2019

1. The **Department of Education Schools Division Office of Benguet** in cooperation with the **Provincial Government of Benguet through the Provincial Nutrition Council (PNC)** will be conducting the **Division Search for the Best implementer of Oplan Kalusugan (OK) sa DepEd for CY 2019.**
2. **2019 Provincial Nutrition Month Culminating Activities**
  - a. Search for the Best OKD Implementer. Refer to SDO memo no. 228s. 2019 .
  - b. Tagalog Spoken Word Poetry for **Senior High School**
    - i. **Submission of ONE (1) entry per district (1Learner &1Coach).** Fill-in registration form attached to this memo; be submitted until September 2, 2019.
    - ii. Participants shall be given 3-4 minutes for their spoken word poetry and will be judged on the following criteria:

Poem Composition (30%)	
Relevance to the theme	10
Creativity and Originality	10
Coherence of form &structure	5
Clarity of imagery& language	5
Stage presence & presentation (30%)	
Poise & spontaneity of recitation (20%)	
Intonation, poetic expression & a clear insight into the poet's intention (10%)	
Clarity of spoken words & diction (10%)	

- c. **Infomercial Contest for Junior High School**
  - i. The contest is open to all public & private Secondary schools in Benguet. Multiple entries from one district are allowed.
  - ii. Each group shall **consist of 8-10 learners** only that will compose and edit a short info commercial which should convey the message of this year's Nutrition month celebration: **"Kumain nang wasto at maging aktibo... push natin 'to'".**
  - iii. Submission of Infomercials in video presentation (mp4 format) saved in Flash drive or writable CD or DVD. The presentation must be between 5-10 minutes' duration. To be submitted until September 2, 2019.
  - iv. Criteria for judging are as follows:

Storyline	30%
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Originality and Execution	30%
Technicality	20%
Relevance to the theme	20%

**d) Be Healthy, Hataw na Contest for Elementary School**

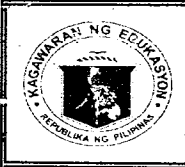
- i. The contest is open to all public and private Elementary schools in Benguet. Multiple entries from one district are allowed.
- ii. Each **entry is composed of at least 10 learners and at least 3 teachers and/or a coach.**
- iii. Participants will work on their own dance exercise in accordance to their preferred dance moves and soundtrack provided that NO Lifting or any dangerous stunts are included.
- iv. Entries will be in form of a **video presentation (mp4 format)** and must be between 3- 5 minutes' duration. Presentation submitted shall be saved in Flash drive or writable CD or DVD. To be submitted until September 2, 2019.
- v. **Criteria of judging are as follows:**

Choreography and choice of dance soundtrack	40%
Performance and Timing	20%
Showmanship and Mastery	20%
Overall Impact	20%

**e) Awarding Program: October 2019.**

- i. Exact date and venue for the provincial awarding program will be announced later.
- ii. Top 3 awardees from each activity will be attending the program.
- iii. Awards, Meals and snacks will be provided care of the Provincial Nutrition Council (PNC). Other expenses incurred in attendance to this activity shall be charged to school funds subject to the usual accounting and auditing rules and regulations.

**f) Immediate dissemination to all concerned is desired.**



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**DIVISION MEMO NO. 136 S. 2019**

Name of Office: **SGOD**

**Entry form: Culminating Program for 2019 Nutrition Month Celebration Entry form**

District: \_\_\_\_\_

**Tagalog Spoken Word Poetry for Senior High School 1 learner, 1 coach (1 entry per district)**

		Contact Number (please fill-in)
Name of School		
School Head		
Coach		
Nurse-in-Charge		

**Infomercial Contest for Junior High School (Multiple entries from one district are allowed.)**  
*\*enclose Infomercials in video presentation (mp4 format) saved in Flash drive or writable CD or DVD*

		Contact Number (please fill-in)
Name of School		
School Head		
Coach		
Nurse-in-Charge		

		Contact Number (please fill-in)
Name of School		
School Head		
Coach		
Nurse-in-Charge		

**Be Healthy, Hataw na Contest for Elementary School (Multiple entries from one district are allowed.)**  
*\*enclose video presentation in (mp4 format) saved in Flash drive or writable CD or DVD*

		Contact Number (please fill-in)
Name of School		
School Head		
Coach/Teacher representative		
Nurse-in-Charge		

		Contact Number (please fill-in)
Name of School		
School Head		
Coach/Teacher representative		
Nurse-in-Charge		

The school/s and individuals mentioned above are the official district entries for the **Division 2019 Nutrition Month Celebration Culminating Activity.**

Approved:

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 Schools District Supervisor